

Kids In Motion

Description

Gross motor development class that includes activities utilizing an assortment of equipment to fun upbeat music. The focus of this class is on structure, hand-eye coordination, balance and listening skills. Please come in comfortable clothing that allows for stretching and bending. Registration not necessary but preferred.

Participants - Children, Ages 1-5

Location - All Sport Health & Fitness

Instructor - Sue Bernstein

Date - Every Tuesday (Starts September 17th)

Kids In Motion I

Ages 1-2 w/ parent
10:15 am - 10:45 am

Kids In Motion II

Ages 3 - 5
9:15 am - 10:00 am

Fee

Members - Free
Non-Members - \$15



For more information or to register call/visit the Program Desk.

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