

Intro to Kids Sports

Intro to Youth Sports is a 5-week program that allows kids to explore and learn the basics of multiple sports including baseball, soccer and basketball. This class seeks to teach and make participants comfortable with physical activity. This is not a league. It is a chance for your child to figure out what sports they like.

Please wear comfortable clothing and sneakers.

Participants - Children, Ages 4 - 8

Location - All Sport Health & Fitness

Day of Week - Wednesday

Times - 5:15pm - 6:00pm • **Age** : 4-7



Spring Session 1

April 14 - May 12

Fee Per 5 Week Session

Child of Member - \$75

Non-Member - \$100

Call to register :

#845-896-5678

Questions? Contact us : info@allsporthealthandfitness.com

ALL SPORT
health & fitness

www.allsporthealthandfitness.com

#845-896-5678 • 17 Old Main Street, Fishkill, NY