



2021 Gymnasium Schedule

Begins 4/6/21 (subject to change)

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------|------------------------------|-------------------------------|------------------------------|------------------------------------|-------------------------------|-------------------------------------|-------------------------------------|
| 5:00 AM | Open Gym 5:00am - 8:30am | Open Gym 5:00am - 8:30am | Open Gym 5:00am - 8:30am | Open Gym 5:00am - 8:30am | Open Gym 5:00am - 8:30am | | |
| 7:00 AM | | | | | | | |
| 7:30 AM | | | | | | | |
| 8:00 AM | | | | | | | |
| 8:30 AM | | | | | | SGT 8:15am - 9:15am | |
| 9:00 AM | | | | | | | |
| 9:30 AM | SGT 9:15am - 10:15am | Cycle 9:15am - 10:00am | SGT 9:15am - 10:15am | Cycle 9:15am - 10:00am | SGT 9:15am - 10:00am | Cycle 9:30am - 10:15am | SGT 8:45am - 9:45am |
| 10:00 AM | | | | | | | Cycle 10:00am - 11:00am |
| 10:30 AM | Cycle 10:30am - 11:15am | | | | Cycle 10:15am - 11:00am | | |
| 11:00 AM | | | | | | | |
| 11:30 AM | | Open Gym 11:00am - 2:00pm | Open Gym 11:00am - 2:00pm | Open Gym 11:00am - 2:00pm | Open Gym 12:00pm - 2:00pm | | Open Gym 11:30am - 3:00pm |
| 12:00 PM | | | | | | | |
| 12:30 PM | Open Gym 12:00pm - 2:00pm | | | | | | |
| 1:00 PM | | | | | | | |
| 1:30 PM | | | | | | | |
| 2:00 PM | | | | | | | |
| 2:30 PM | | | SACC 2:00pm - 3:30pm | | | | |
| 3:00 PM | | | | | | | |
| 3:30 PM | SACC 3:00pm - 4:30pm | SACC 3:00pm - 4:30pm | | SACC 3:00pm - 4:30pm | SACC 3:00pm - 4:30pm | | |
| 4:00 PM | | | | | | | Youth Basketball 4:00pm - 5:00pm |
| 4:30 PM | | | Cycle 4:30pm - 5:15pm | | | | |
| 5:00 PM | | Youth HIIT 5:00pm - 6:00pm | | | | | |
| 5:30 PM | Cycle 5:30pm - 6:15pm | | | Intro to Sports 5:15pm - 6:00pm | Youth HIIT 5:00pm - 6:00pm | Youth Basketball 5:00pm - 6:00pm | |
| 6:00 PM | | | | | | | |
| 6:30 PM | SGT 6:30pm - 7:30pm | Cycle 6:30pm - 7:15pm | SGT 6:15pm - 7:15pm | Cycle 6:30pm - 7:30pm | Open Gym 6:30pm - 7:30pm | | |
| 7:00 PM | | | | | | | |
| 7:30 PM | | | | | | | |
| 8:00 PM | | | | | | | |

Please take note to the following rules and restrictions:

- Masks must be worn at all time and remain 6 ft. apart at all times.
- Courts are available to shooting and drills only. No game play.
- 3 people per basket (6 people max in each area at a time).
- Must bring your own basketball.
- Reservations are not required at this time.
- If people are waiting to play, there will be a 30-minute time limit on the courts.
- All usage will be monitored.

**Failure to abide
by these rules may result
in a suspension of membership.**