

Babysitting Course

Are you prepared to babysit? Do you know how to...

- Properly diaper and feed a baby?
- Help a baby or child that is choking?
- Perform CPR on a baby or child?
- Reduce the risk of SIDS and Shaken Baby Syndrome?
- Properly bandage a wound or treat a burn?
- Handle emergencies in the home?
- Ensure that the child's surroundings are safe?
- Set prices and organize a babysitting business?

Ages: Children Ages 12+

Location: All Sport Health and Fitness

Instructor: Andy DiLuvio

Date: Saturday, October 23

Time: 9AM-3PM

The way we handle emergencies change often. This course ensures your essential skills are up to date with the most recent guidelines for care. The Course is led by a national certified instructor who has years of experience as a first responder. Upon completion of the course, students receive a completion card that is valid for two years from the American Health and Safety Institute.



Fee: Members \$40 / Non-Members \$50