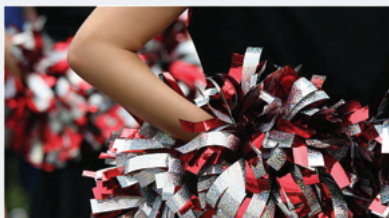


KIDS PROGRAMS

Fall II: November 1-December 17



Intro to Cheer

Learn the basics of Cheer from simple chants, stunts, and dances.

Tuesdays • Nov 1-Dec 13
Ages 7-10 • 4:15-5:00PM



Take a Bow!

Become a triple threat performer and learn singing, acting, and dance all in one!

Mon. & Wed. • Nov 7-Dec 19
Ages 6+ • 4:30-5:30PM



Indoor Soccer

A fun, structured weekly clinic to improve hand/eye coordination, practice skills & drills, and scrimages!

Wednesdays • Nov 2-Dec 14
Ages 4-5 • 4:30-5:30PM
Ages 6-7 • 5:15-6:00PM



Tumbling

Have fun through tumbling! Develop coordination, flexibility, and self-confidence. Beginner friendly.

Wednesdays • Nov 2-Dec 14
Ages 3-5 • 4:30-5:15PM
Ages 6-8 • 5:15-6:00PM



Fit Kids

Age-appropriate exercises and activities led by a personal trainer.

Thursdays • Nov 3-Dec 15
Ages 7-10 • 5:00-5:45PM



Swim Lessons

Guided swim lessons teach basic water safety and skill progressions.

Aqua babies-Levels 4/5
Tuesday, Thursday, Saturday
Nov 1-Dec 17



Youth HIIT*

Get moving with a personal trainer, have fun, and get fit!

Wednesdays • Nov 2-Dec 21
Ages 10-14 • 5:00-5:45PM
*Pay by the class



Kids' Day Off

Day camp offered when kids are out on school breaks. Activities include sports, games, swim, art, and more!

WCSD Vacation Days
8AM-5:30PM



The Studio

Dance Combo- Tuesdays 4:30-5:15PM
Lil Hip Hop- Fridays 4:30-5:15PM
Hip Hop I-Fridays 5:30-6:15PM
Hip Hop II- Fridays 6:30-7:15PM

Purchase a 5 or 15 class pack.
No weekly commitment.