

GROUP SWIM LESSONS

Guided swim lessons to increase skills and improve self-confidence.

Students will be taught basic water safety and skill progressions for all applicable strokes according to the American Red Cross Standards. Class meet once per week. No make-up classes. Only one family member allowed on pool deck during swim lessons.

Summer Group Swim Lessons

June 22 - August 15

	MONDAY	TUESDAY	THURSDAY	SATURDAY
Aqua-babies				9:00-9:30am
Aqua-tots		4:00-4:30pm		9:30-10:00am
Preschool	4:00-4:30pm 4:30-5:00pm	4:30-5:00pm	4:30-5:00pm	10:00-10:30am 11:00-11:30am
Level 1	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	10:30-11:00am 11:00-11:30am
Level 2		5:30-6:00pm	5:30-6:00pm	10:00-10:30am
Level 3			6:00-6:30pm	10:30-11:00am
Beginner Adults	5:30-6:00pm			

7 Week Session

Saturday *No Class 7/4
Members \$175 Non Members \$245

8 Week Session

Monday/Tuesday/Thursday
Members \$200 Non Members \$280

Priority Registration begins May 4.
Registration for **Members** is May 11 | **Non-Members** is May 18.

ALLSPORT KIDS!

For more information or to register
call or visit the Front Desk.

#845-896-5678 • info@allsporthealthandfitness.com