

INDOOR POOL SCHEDULE

February 24 - April 12 *Subject to change

MON

OPEN SWIM
5:00am - 12:15pm

**AQUA MOVEMENT
AND MOBILITY**

12:15pm - 1:00pm
Britt

POOL CLOSED

OPEN SWIM
1:00pm - 4:00pm

SWIM LESSONS
4:00pm - 6:00pm

POOL CLOSED

OPEN SWIM
6:00pm - 7:00pm

H2O BODY BLAST
7:00pm - 8:00pm

Fi

POOL CLOSED

OPEN SWIM
8:00pm - 8:30pm

TUES

OPEN SWIM
5:00am - 6:00am

**LAP SWIM ONLY
RESERVATION ONLY**
6:00am - 7:00am

OPEN SWIM
7:00am - 12:00pm

HIIT THE DEEP
12:00pm - 1pm

Fi

POOL CLOSED

OPEN SWIM
1:00pm - 4:00pm

SWIM LESSONS
4:00pm - 6:00pm

POOL CLOSED

OPEN SWIM
6:00pm - 7:00pm

POOL VOLLEYBALL
7:00pm - 8:00pm

POOL CLOSED

OPEN SWIM
8:00pm - 8:30pm

WED

OPEN SWIM
5:00am - 1:15pm

WATERWORKS

1:15pm - 2:15pm
Fi

POOL CLOSED

**LAP SWIM ONLY
RESERVATION ONLY**
2:30pm - 3:30pm

OPEN SWIM
3:30 - 6:30pm

WATERWORKS
6:30pm - 7:30pm

Mary Therese
POOL CLOSED

OPEN SWIM
7:30pm - 8:30pm

THUR

OPEN SWIM
5:00am - 12:00pm

WATERWORKS

12:00pm - 1:00pm
Fi

POOL CLOSED

OPEN SWIM
1:00pm - 4:30pm

SWIM LESSONS
4:30pm - 6:30pm

POOL CLOSED

OPEN SWIM
6:30pm - 7:30pm

**LAP SWIM ONLY
RESERVATION ONLY**
7:30pm - 8:30pm

FRI

OPEN SWIM
5:00am - 9:30am

AQUA SCULPT

9:30am - 10:15am
Britt

POOL CLOSED

OPEN SWIM
10:15am - 1:15pm

WATERWORKS
1:15pm - 2:15pm

Fi

POOL CLOSED

**LAP SWIM ONLY
RESERVATION ONLY**
2:30pm - 3:30pm

OPEN SWIM
3:30pm - 7:30pm

SAT

**LAP SWIM ONLY
RESERVATION ONLY**
7:00am-8:00am

OPEN SWIM
8:00am-9:00am

SWIM LESSONS
9:00am-11:30am
POOL CLOSED

OPEN SWIM
11:30am-5:30pm

SUN

**LAP SWIM ONLY
RESERVATION ONLY**
7:00am-8:00am

OPEN SWIM
8:00am - 10:00am

WATERWORKS
10:00am - 11:00am
Mary Therese

OPEN SWIM
11:00am - 5:30pm

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Lap Swim Reservation Only time slots are available for 30-minute sessions during designated times. Spots can be reserved at the Front Desk, the App, or by calling 845-896-5678. Pool availability is subject to Birthday Parties on the weekends, 12pm - 5:30pm and Kids Camp days, 2:30pm - 3:30pm.