

FALL INTO FITNESS



8 WEEK TRANSFORMATION CHALLENGE

ENROLL TODAY FOR

\$99

CASH PRIZE
FOR BEST MALE AND
FEMALE BODY
TRANSFORMATION

CHALLENGE KICKS OFF
SEPTEMBER 18TH

TAKE YOUR FITNESS TRAINING TO A WHOLE NEW LEVEL

UPGRADE
FOR AN
ADDITIONAL
\$136
FOR 1-ON-1
PERSONAL TRAINING


NUTRITION
ADVICE


TRAIN
WITH EXPERT
TRAINERS


BIWEEKLY
PRIZES


SPECIALTY
GROUP EXERCISE
CLASSES


WORKOUTS
OF THE WEEK

TO RESERVE YOUR SPOT OR FOR MORE INFORMATION
STEPHANIE@ALLSPORTHEALTHANDFITNESS.COM
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