KIDS PROGRAMS winter 1: January 2 — February 10

Toddlers: Ages 18 months-3 Years

MON Kid's Gym: Toddler Time 10:00-10:45am

WED Kid's Gym: Toddler Time 10:30-11:15am

Preschoolers: Ages 3-6 Years

MON	Kid's Gym: Li'l Sports Youth Martial Arts	11:00-11:45am 5:30-6:00pm
TUES	Lil Hip-Hop (Ages 5-8)	4:30-5:15pm
WED	Kid's Gym: Li'l Sports Dance Combo Tumbling Soccer	9:30-10:15am 4:30-5:15pm 4:30-5:15pm 5:00-5:45pm

Youth: Ages 7-14 Years						
MON	Youth Martial Arts	6:15-7:00pm				
TUES	Hip-Hop 1 (Ages 9-12) Teen Hip-Hop (Ages 12+) Tennis Clinic (Ages 14+)	5:15-6:00pm 6:00-6:45pm 7:15-8:15pm				
WED	Tumbling (Ages 6-8) Tumbling (Ages 8-10) Soccer Youth Circuit Training	5:15-6:00pm 6:00-6:45pm 5:45-6:30pm 5:00-5:45pm				
THURS	Intramural Sports	5:00-5:45pm				
SAT	Tap (Ages 5-8)	9:00-9:45am				

WINTER BREAK HOLIDAY CAMP

All Sport Health and Fitness offers kids ages 5 - 12 a safe, fur place to be while you are working. Activities include sports, games, swimming, arts& crafts, and more.

DECEMBER 26-29,2023 8:00AM TO 5:30PM

Fee: Members 1st Child - \$75/day Additional Child -\$65/day Fee: Non- Members 1st Child - \$85/day Additional Child - \$75/day

KIDS NIGHT OUT!

OPEN TO CHILDREN AGES 5 AND UP

Kids will enjoy a night of fun and games with plenty of adult supervision while you enjoy a night out. There will be pizza dinner, gym games, art & crafts, healthy snacks, and tons of fun!

FRIDAY DECEMBER 8, 2023

5:30PM-8:30PM

Fee: Members 1st Child - \$25 Additional Child - \$20 Fee: Non- Members 1st Child - \$30 Additional Child - \$25

Registration begins December 6th for Members December 8th for Non-members

ALL(SPORT KIDS!

For more information or to register call or visit the Front Desk.

#845-896-5678 · info@allsporthealthandfitness.com

CELEBRATE YOUR BIRTHDAY WITH ALL SPORT!

\$300 FOR MEMBERS \$325 FOR NONMEMBERS
*100 NON-REFUNDABLE DEPOSIT REQUIRED

Our party packages make the day easy on parents and fun for kids! Our friendly hosts handle the entire set-up, clean up and everything in between! We have something for all ages. Each 90 minute party for up to 15 children includes a 60 minute activity.



PARTY THEMES

POOL PARTY
SPORTS PARTY
FUN AND GAMES
NERF DART TAG
DANCE PARTY

DON'T WAIT! RESERVE A PARTY DATE TODAY!

VISIT WITH SANTA CLAUS

IN THE ALL SPORT LOBBY

-AND-

COOKIE DECORATING AND CRAFTS

IN THE COMMUNITY ROOM

Tuesday, December 12, 2023

5:30-7:00PM

RSVP Required.

KIDS DAY OFF!

OPEN TO CHILDREN AGE 5-12

Day camp offered when your kids are out on school break during the year. A safe, fun place to be while parents are working or working out. Activities include sports, games, swimming, arts & crafts, and more! Please bring lunch, snack, sneakers, bathing suit and towel.

8:00AM-5:30PM WCSD VACATION DAYS

2024

Jan. 15th, Martin Luther King Feb. 16th, Conference Day Feb. 19th – 21st, President's Day March 25 – March 29th, Spring Recess

MEMBERS:
1ST CHILD \$75/DAY
2ND CHILD \$65/DAY

NON-MEMBERS: 1ST CHILD \$85/DAY 2ND CHILD \$75/DAY

Pre-registration is required. No drop-ins.

PRIVATE & SEMI-PRIVATE SWIM LESSONS

Available to ages 4 and older | Lessons are 30 minutes each Individual assessments of each swimmer's needs guide the lesson pace, tailored to their abilities. Emphasizing maximum time spent in the water, this approach aims to bolster self-confidence and elevate skill levels, fostering a stronger aptitude for swimming.

	1 Lesson		5-Pack of Lessons	
	Member	Non-Member	Member	Non-Member
1 Student	\$48	\$ 53	\$225	\$250
2 Students	\$68	\$73	\$325	\$350



For more information or to register call or visit the Front Desk.