

KIDS PROGRAMS

WINTER 2: FEBRUARY 12 – MARCH 23

Toddlers: Ages 18 months-3 Years

MON	Kid's Gym: Toddler Time	10:00-10:45am
WED	Kid's Gym: Toddler Time	10:30-11:15am
SAT	Kid's Gym: Toddler Time	10:00-10:45am

Preschoolers: Ages 3-6 Years

MON	Kid's Gym: Li'l Sports	11:00-11:45am
TUES	Lil Hip-Hop (Ages 5-8)	4:30-5:15pm
WED	Kid's Gym: Li'l Sports	9:30-10:15am
	Dance Combo	4:30-5:15pm
	Tumbling	4:30-5:15pm
	Soccer	5:00-5:45pm
FRI	Youth Martial Arts	5:30-6:00pm
SAT	Kid's Gym: Li'l Sports	11:00-11:45am

KIDS NIGHT OUT!

OPEN TO CHILDREN AGES 5 AND UP

Kids will enjoy a night of fun and games with plenty of adult supervision while you enjoy a night out. There will be pizza dinner, gym games, art & crafts, healthy snacks, and tons of fun!

FRIDAY FEBRUARY 9, 2024

5:30PM-8:30PM

Fee: Members
1st Child - \$25
Additional Child - \$20

Fee: Non- Members
1st Child - \$30
Additional Child - \$25

Youth: Ages 7-14 Years

TUES	Hip-Hop 1 (Ages 9-12)	5:15-6:00pm
	Teen Hip-Hop (Ages 12+)	6:00-6:45pm
	Tennis Clinic (Ages 14+)	7:15-8:15pm
WED	Tumbling (Ages 6-8)	5:15-6:00pm
	Tumbling (Ages 8-10)	6:00-6:45pm
	Soccer	5:45-6:30pm
	Youth Circuit Training	5:00-5:45pm
THURS	Intramural Sports	5:00-5:45pm
FRI	Youth Martial Arts	6:15-7:00pm
SAT	Tap (Ages 5-8)	9:00-9:45am

SPRING BREAK HOLIDAY CAMP

Help keep your kids active over spring break! All Sport Health and Fitness offers kids ages 5 - 12 a safe, fun place to be while you are working. Activities include sports, games, swimming, arts & crafts, and more.

MARCH 26- APRIL 1, 2024

8:00AM TO 5:30PM

Fee: Members
1st Child - \$75/day
Additional Child - \$65/day

Fee: Non- Members
1st Child - \$85/day
Additional Child - \$75/day

Registration begins February 1st for Members February 2nd for Non-members

ALLSPORT KIDS!

For more information or to register
call or visit the Front Desk.

#845-896-5678 • info@allsporthealthandfitness.com

CELEBRATE YOUR BIRTHDAY WITH ALL SPORT!

\$300 FOR MEMBERS \$325 FOR NONMEMBERS
 *100 NON-REFUNDABLE DEPOSIT REQUIRED

Our party packages make the day easy on parents and fun for kids! Our friendly hosts handle the entire set-up, clean up and everything in between! We have something for all ages. Each 90 minute party for up to 15 children includes a 60 minute activity.



- PARTY THEMES**
- KIDS CLUB PARTY
 - POOL PARTY
 - SPORTS PARTY
 - FUN AND GAMES
 - NERF DART TAG
 - DANCE PARTY

DON'T WAIT! RESERVE A PARTY DATE TODAY!

KIDS DAY OFF!

OPEN TO CHILDREN AGE 5-12

Day camp offered when your kids are out on school break during the year. A safe, fun place to be while parents are working or working out. Activities include sports, games, swimming, arts & crafts, and more! Please bring lunch, snack, sneakers, bathing suit and towel.

8:00AM-5:30PM

WCSD VACATION DAYS

2024

Feb. 16th, Conference Day

Feb. 19th - 21st, President's Day

March 25 - March 29th, Spring Recess

MEMBERS :

1ST CHILD \$75/DAY

2ND CHILD \$65/DAY

NON-MEMBERS:

1ST CHILD \$85/DAY

2ND CHILD \$75/DAY

Pre-registration is required. No drop-ins.

CAMP FIT EARLY BIRD REGISTRATION

Calling kids ages 4-12!

Prepare to have more fun this summer through play, exploration, and learning! Located on a 5+ acre outdoor park, Camp Fit offers the perfect camp setting for campers to make new friends, develop new skills, experiences, appreciate the outdoors, and have FUN!

**CAMP SEASON IS
JUNE 26-AUGUST 30**

Register during the month of January and get 2023 prices!

Members \$280/week Non-Members \$310/week

PRIVATE & SEMI-PRIVATE SWIM LESSONS

Available to ages 4 and older | Lessons are 30 minutes each
 Individual assessments of each swimmer's needs guide the lesson pace, tailored to their abilities. Emphasizing maximum time spent in the water, this approach aims to bolster self-confidence and elevate skill levels, fostering a stronger aptitude for swimming.

	1 Lesson		5-Pack of Lessons	
	Member	Non-Member	Member	Non-Member
1 Student	\$48	\$53	\$225	\$250
2 Students	\$68	\$73	\$325	\$350

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