



# WELCOME!

Prepare to have more fun this summer through play, exploration, and learning! Located on a 5+ acre outdoor park, Camp Fit offers the perfect camp setting for campers to make new friends, develop new skills, experiences, appreciate the outdoors, and have FUN!

## Camp Program

Campers ages 4-12 are divided into age appropriate groups and participate in daily activity periods that include swimming, sports, games, arts & crafts, and special events!

## Our Staff

Camp Fit is led by a team of dedicated and caring staff, carefully selected for their experience, skills, and enthusiasm for working with children.

## Camp Facilities

The All Sport Outdoor Park is complete with an outdoor pool, open sports fields, basketball courts, playground, tennis courts, and gaga ball pits.

## Camp Add-Ons

\*Available for purchase at time of registration  
Lunch PLUS - Nutritious lunch prepared by Camp FIT  
Swim Lessons PLUS - Taught by certified instructors.  
Before & After Care - Extended care with supervised activities and group fun!

## June 26- August 30

### Dates & Times

Week 1: June 26-June 28 (3 days\*)

Week 2: July 1-July 5 (No camp 7/4\*)

Week 3: July 8- July 12

Week 4: July 15- July 19

Week 5: July 22-July 26

Week 6: July 29-August 2

Week 7: August 5-August 9

Week 8: August 12-August 16

Week 9: August 19-August 23

Week 10: August 26-August 30

\*weekly fee prorated

### Sample Day

9-9:15AM -Arrival & Attendance

9:15-10AM - Sports & Games

10-10:45AM - Free Swim

11-11:45AM - Arts & Crafts

12-12:45PM - Lunch Time

1-1:45PM - Campers Choice

2-2:45PM - Camp Theme Activity

3-3:45PM - Gaga Pit / Inflatables

4PM - Dismissal



## Camp Fit 2024 Prices:

Members \$290/week

Non-Members \$320/week

Weeks 1 & 2 are prorated



Take your swim skills to the next level

Sign up for our Swim Clinics!

8 years old and up

Session 1 - July 8 - 12

Monday - Friday 5:00 PM - 6:00 PM

Session 2 - July 15 - 19

Monday - Friday 5:00 PM - 6:00 PM



Questions about camp or other All Sport programs?

Contact Karen Feeley, Camp Director at [karen@allsporthealthandfitness.com](mailto:karen@allsporthealthandfitness.com)

More info: 845.896.5678 \* Register Now: [www.allsporthealthandfitness.com](http://www.allsporthealthandfitness.com)