

INDOOR POOL SCHEDULE

April 2 - May 11 *Subject to change

MON

OPEN SWIM

5:00am - 1:15pm

AQUA MOVEMENT AND MOBILITY

1:15pm - 2:15pm
Britt

POOL CLOSED

OPEN SWIM

2:15pm - 4:30pm

SWIM LESSONS

4:30pm - 6:30pm

POOL CLOSED

OPEN SWIM

6:30pm - 7:00pm

H2O BODY BLAST

7:00pm - 8:00pm
Fi

POOL CLOSED

OPEN SWIM

8:00pm - 8:30pm

TUES

OPEN SWIM

5:00am - 6:00am

LAP SWIM

6:00am - 7:00am
RESERVATION ONLY

OPEN SWIM

7:00am - 12:00pm

HIIT THE DEEP

12:00pm - 1pm
Fi

POOL CLOSED

OPEN SWIM

1:00pm - 4:00pm

SWIM LESSONS

4:00pm - 6:00pm

POOL CLOSED

OPEN SWIM

6:00pm - 7:00pm

POOL VOLLEYBALL

7:00pm - 8:00pm

POOL CLOSED

OPEN SWIM

8:00pm - 8:30pm

WED

OPEN SWIM

5:00am - 1:15pm

WATERWORKS

1:15pm - 2:15pm
Fi

POOL CLOSED

LAP SWIM ONLY

2:30pm - 3:30pm

OPEN SWIM

3:30 - 6:30pm

WATERWORKS

6:30pm - 7:30pm
Mary Therese

POOL CLOSED

OPEN SWIM

7:30pm - 8:30pm

THUR

OPEN SWIM

5:00am - 12:00pm

AQUA ZUMBA

12:00pm - 1:00pm
Steph

POOL CLOSED

OPEN SWIM

1:00pm - 4:00pm

SWIM LESSONS

4:00pm - 6:00pm

POOL CLOSED

OPEN SWIM

6:00pm - 7:30pm

LAP SWIM

7:30pm - 8:30pm
RESERVATION ONLY

FRI

OPEN SWIM

5:00am - 9:30am

AQUA SCULPT

9:30am - 10:15am
Britt

POOL CLOSED

OPEN SWIM

10:15am - 1:15pm

WATERWORKS

1:15pm - 2:15pm
Fi

POOL CLOSED

LAP SWIM ONLY

2:30pm - 3:30pm

OPEN SWIM

3:30pm - 7:30pm

SAT

LAP SWIM ONLY

7:00am-8:00am

OPEN SWIM

8:00am-9:00am

SWIM LESSONS

9:00am-11:30am

POOL CLOSED

OPEN SWIM

11:30am-5:30pm

SUN

OPEN SWIM

7:00am - 10:00am

WATERWORKS

10:00am - 11:00am
Mary Therese

OPEN SWIM

11:00am - 5:30pm

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health & fitness

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Lap Swim Reservation Only time slots are available for 30-minute sessions during designated times.

Spots can be reserved at the Front Desk, the App, or by calling 845-896-5678.

Pool availability is subject to Birthday Parties on the weekends - 12pm - 5:30pm.