

KIDS PROGRAMS

SPRING 2: MAY 13– JUNE 22

Toddlers: Ages 12 months-3 Years

MON	Kid's Gym: Toddler Time	10:00-10:45am
WED	Kid's Gym: Toddler Time	10:30-11:15am
THURS	Kid's Gym: Toddler Time	4:00-4:45pm
SAT	Kid's Gym: Toddler Time	10:00-10:45am

Preschoolers: Ages 3-6 Years

MON	Kid's Gym: Li'l Sports	11:00-11:45am
WED	Soccer	5:00-5:45pm
	Kid's Gym: Li'l Sports	9:30-10:15am
THURS	Kid's Gym: Li'l Sports	5:00-5:45pm
FRI	Youth Martial Arts	5:30-6:00pm
SAT	Kid's Gym: Li'l Sports	11:00-11:45am

KIDS DAY OFF!

OPEN TO CHILDREN AGE 5-12

Day camp offered when your kids are out on school break. Activities include sports, games, swimming, arts & crafts, and more! Please bring lunch, snack, sneakers, bathing suit and towel.

May 23, May 24, and May 28

8:00AM-5:30PM

Members :
1st Child \$75/day
2nd Child \$65/day

Non-Members:
1st Child \$85/day
2nd Child \$75/day

Pre-registration is required. No drop-ins.

Youth: Ages 7-14 Years

WED	Soccer	5:45-6:30pm
	Youth Circuit Training	5:00-5:45pm
FRI	Youth Martial Arts	6:15-7:00pm

SCHOOL-AGE CHILD CARE

The All Sport Health & Fitness School-Age Child Care offers supervised before and after-school programs for kids in Kindergarten through 6th Grade. Led by experienced staff, children enjoy structured activities like sports, games, swimming, arts and crafts, and homework help in a safe and fun environment.

REGISTRATION FOR THE 2024-2025 SCHOOL YEAR IS OPEN!

Choose from before and/or after school care from 3-5 days a week

**7:00 AM UNTIL SCHOOL BEGINS
-AND-
DISMISSAL UNTIL 6:00 PM**

KIDS NIGHT OUT!

OPEN TO CHILDREN AGES 5 AND UP

Kids will enjoy a night of fun and games with plenty of adult supervision while you enjoy a night out. There will be pizza dinner, gym games, art & crafts, healthy snacks, and tons of fun!

FRIDAY MAY 10, 2024

5:30PM-8:30PM

Fee: Members
1st Child - \$25
Additional Child - \$20

Fee: Non- Members
1st Child - \$30
Additional Child - \$25

**Registration begins April 24th for Members
April 26th for Non-Members**

ALLSPORT KIDS!

For more information or to register
call or visit the Front Desk.

#845-896-5678 • info@allsporthealthandfitness.com

CELEBRATE YOUR BIRTHDAY WITH ALL SPORT!

\$300 FOR MEMBERS \$325 FOR NONMEMBERS

*100 NON-REFUNDABLE DEPOSIT REQUIRED

Our party packages make the day easy on parents and fun for kids! Our friendly hosts handle the entire set-up, clean up and everything in between! We have something for all ages. Each 90 minute party for up to 15 children includes a 60 minute activity.



PARTY THEMES

KIDS CLUB PARTY
POOL PARTY
SPORTS PARTY
FUN AND GAMES
NERF DART TAG
DANCE PARTY



DON'T WAIT! RESERVE A PARTY DATE TODAY!

JOIN US FOR SPRINGFEST!

APRIL 27TH

11:00AM TO 2:00PM

GET UP CLOSE WITH BIG TRUCKS IN OUR TOUCH-A-TRUCK EVENT!

Create and bounce with crafts & inflatables

HOME DEPOT CRAFTS
DURANT'S INFLATABLES
ALL SPORT CRAFT TABLES

Enjoy delicious food truck treats

COUSINS MAINE LOBSTER FOOD TRUCK
LAS TRES AMERICAS
HOT DOGS AND MORE
CHILLY WILLY'S ICE CREAM TRUCK
FORGET ME NOT CUPCAKES

Explore awesome vendor tables

DC SHERIFF SAFE CHILD ID PROGRAM
TOWN OF FISHKILL CAR SEAT SAFETY CHECK
HUDSON VALLEY GHOSTBUSTERS
NY STATE TROPPERS
HUDSON VALLEY REPTILE RESCUE
AND MORE!

It's going to be fun for the whole family!

CAMP FIT

REGISTRATION IS NOW OPEN!

Calling kids ages 4-12!

Prepare to have more fun this summer through play, exploration, and learning! Located on a 5+ acre outdoor park, Camp Fit offers the perfect camp setting for campers to make new friends, develop new skills, experiences, appreciate the outdoors, and have FUN!

**CAMP SEASON IS
JUNE 26-AUGUST 30**

Members \$290/week Non-Members \$320/week

SWIM CLINIC

8 YEARS OLD AND UP

Level up your swimming skills to the next level.

Improve technique, endurance, and form. Perfect strokes, kicks, streamlines, and starts. For swimmers level 4 and above. Remember to bring your own caps and goggles.

DATES/TIMES

Session 1:

July 8-12

5:00pm-6:00pm

Session 2:

July 15-19

5:00pm-6:00pm

MEMBERS : \$150

NON-MEMBERS: \$175

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