



MEMORIAL DAY 5/27

INDOOR CLUB HOURS:
CLUB HOURS: 7AM-1PM
KIDS CLUB: CLOSED
FUEL CAFE: CLOSED

OUTDOOR CLUB HOURS:
CLUB HOURS: 10AM-7PM
POOLSIDE CAFE 12PM-6:30PM

ASCEND TEAM TRAINING:

8:30AM - Memorial Day Boot Camp / Diana and Danai/ Training Zone
*ASCEND Sessions/Unlimited Apply or \$25/Member, \$30 Non-Member

GROUP EXERCISE:

9:00 AM Sunshine Yoga* / Christina / Outdoor Park *Weather permitting (Elevate Studio)
9:15 AM Body Pump / Pam / Studio One
10:15 AM Barre Fusion / Christina / Movement Zone
10:15 AM Cycle / Kim / Cycle Studio

*Yoga mats required

*NO OTHER CLASSES RUNNING TODAY