

KIDS PROGRAMS

WINTER: JANUARY 5 – MARCH 28

Monday

| | |
|----------------------|---------------------------------------|
| 10:00-10:45AM | Kid's Gym: Toddler Time (Ages 1-3) |
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Wednesday

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|----------------------|-----------------------------|
| 10:00-10:45AM | Creators Club (Ages 2-5) |
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|--------------------|----------------------|
| 5:00-5:45PM | Soccer (Ages 4-6) |
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|--------------------|----------------------|
| 5:45-6:45PM | Soccer (Ages 7-9) |
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|--------------------|----------------------------------------|
| 6:00-7:00PM | Youth Circuit Training (Ages 10-14) |
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Thursday

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|---------------------|---------------------------------|
| 9:30-10:15AM | Pre School Soccer (Ages 3-4) |
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Friday

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|--------------------|----------------------------------|
| 5:45-6:15PM | Youth Martial Arts (Ages 4-7) |
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|--------------------|-----------------------------------|
| 6:15-7:00PM | Youth Martial Arts (Ages 8-11) |
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Saturday

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|----------------------|---------------------------------------|
| 10:00-10:45AM | Kid's Gym: Toddler Time (Ages 1-3) |
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|------------------------|--------------------------------------|
| 11:30AM-12:15PM | Kid's Gym: Li'l Sports (Ages 3-5) |
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| | |
|--------------------|----------------------|
| 9:00-9:45AM | Soccer (Ages 4-6) |
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| | |
|---------------------|----------------------|
| 9:45-10:45AM | Soccer (Ages 7-9) |
|---------------------|----------------------|

| | |
|----------------------|------------------------|
| 10:45-11:45AM | Soccer (Ages 10-12) |
|----------------------|------------------------|

*refer to the specific program flyer for exact program information

ALLSPORT KIDS!

For more information or to register
call or visit the Front Desk.

#845-896-5678 • info@allsporthealthandfitness.com

CELEBRATE YOUR BIRTHDAY WITH ALL SPORT!

\$325 FOR MEMBERS \$350 FOR NONMEMBERS

*100 NON-REFUNDABLE DEPOSIT REQUIRED

Our party packages make the day easy on parents and fun for kids! Our friendly hosts handle the entire set-up, clean up and everything in between! We have something for all ages. Each 90 minute party for up to 12 children includes a 60 minute activity.



PARTY THEMES

KIDS CLUB PARTY
POOL PARTY
SPORTS PARTY
FUN AND GAMES
NERF DART TAG
GLOW DANCE PARTY
WET 'N WILD
SLIME AND CRAFT

**DON'T WAIT!
RESERVE A PARTY DATE TODAY!**

CAMP ALL SPORT

Calling kids ages 4-12!

Prepare to have more fun this summer through play, exploration, and learning! Located on a 5+ acre outdoor park, Camp All Sport offers the perfect camp setting for campers to make new friends, develop new skills, experiences, appreciate the outdoors, and have FUN!

**REGISTRATION BEGINS
JANUARY 1ST
FOR MEMBERS!**



WINTER BREAK HOLIDAY CAMP

Help keep your kids active over winter break! All Sport Health and Fitness offers kids ages 5 - 12 a safe, fun place to be while you are working. Activities include sports, games, swimming, arts & crafts, and more.

**DECEMBER 22-26 &
DECEMBER 29-JANUARY 2**

8:00AM TO 5:30PM

MUST PRE-REGISTER.

SCHOOL'S OUT CAMP!

OPEN TO CHILDREN AGE 5-12

We offer a safe, fun place to be while parents are working or working out. The day will feature activities, including sports, games, swimming, arts & crafts, and more!

Please bring lunch, snack, sneakers, bathing suit, and a towel.

**8:00AM-5:30PM
WCSD VACATION DAYS**

2026

Jan. 19th, Martin Luther King Jr. Day

Feb. 16-17th, Presidents Day

Mar. 30th- Apr. 6th, Spring Break

May 25th, Memorial Day

June 19th, Juneteeth

Pre-registration is required. No drop-ins.

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