



# CHRISTMAS EVE

Club Hours: 5AM– 3PM  
Kids Club: 8:30AM–12:30PM  
Fuel Café: 9AM–1PM

## Group Exercise

**9:00AM** • All Levels Yoga

**9:15AM** • BodyPump

**9:15AM** • Holiday Cycle Ride With Danai & Diana \*60 minutes

**10:30AM** • Mat Pilates

*ReForm Pilates*  
Studio by All Sport

**9:15AM** • ReForm Pilates • Stine • ReForm Pilates Studio

\*Must have package or purchase session; 24-hour cancellation policy applies

Register on the All Sport app, call, or visit the Reception Desk: #845-896-5678

**All Sport Health and Fitness will be  
CLOSED on Christmas Day 12/25**



# NEW YEARS EVE

Club Hours: 5AM-3PM  
Kids Club: 8:30AM-12:30PM  
Fuel Café: 9AM-1PM

## Group Exercise

**9:00AM** • All Levels Yoga

**9:15AM** • BodyPump

**9:15AM** • NYE Rhythm & Ride with Zack & Danai \*60 minutes

**10:30AM** • Mat Pilates

*ReForm Pilates*  
Studio by All Sport

**9:15AM** • Reform Pilates • Stine • ReForm Pilates Studio

\*Must have package or purchase session; 24-hour cancellation policy applies

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# NEW YEARS DAY

Club Hours: 7AM-2PM

Kids Club: 8:30AM-12:30PM

Fuel Café: 9AM-1PM

## Group Exercise

**9:15AM** • Strength HIIT

**9:15AM** • New Year's Day Cycle Ride \*60 minutes

**9:30AM** • New Year's Day Yoga

**10:15AM** • Barre Fusion

*ReForm Pilates*  
Studio by All Sport

**10:15AM** • New Year's Day Reform Pilates  
Danai • ReForm Pilates Studio

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