

# INDOOR POOL SCHEDULE

December 22 - December 28 \*Subject to change

## MON

### OPEN SWIM

5:00am - 12:15pm

### AQUA MOVEMENT AND MOBILITY

12:15pm - 1:00pm

Britt

**POOL CLOSED**

### CAMP SWIM

1:30pm - 3:00pm

### OPEN SWIM

3:00pm - 7:00pm

### H2O BODY BLAST

7:00pm - 8:00pm

Fi

**POOL CLOSED**

### OPEN SWIM

8:00pm - 8:30pm

## TUES

### OPEN SWIM

5:00am - 6:00am

### LAP SWIM ONLY

6:00am - 7:00am

**RESERVATION ONLY**

### OPEN SWIM

7:00am - 12:00pm

### HIIT THE DEEP

12:00pm - 1pm

Fi

**POOL CLOSED**

### CAMP SWIM

1:30pm - 3:00pm

### OPEN SWIM

3:00pm - 7:00pm

### POOL VOLLEYBALL

7:00pm - 8:00pm

**POOL CLOSED**

### OPEN SWIM

8:00pm - 8:30pm

## WED

### OPEN SWIM

5:00am - 10:15am

### CAMP SWIM

10:30am - 12:00pm

### WATERWORKS

1:15pm - 2:15pm

Fi

**POOL CLOSED**

**Club Closed  
at 3pm.**

## THUR

**Club Closed.  
Happy Holidays!**

## FRI

### OPEN SWIM

5:00am - 9:30am

### AQUA SCULPT

9:30am - 10:15am

Britt

**POOL CLOSED**

### OPEN SWIM

10:15am - 1:15pm

### WATERWORKS

1:15pm - 2:15pm

Fi

**POOL CLOSED**

### CAMP SWIM

2:30pm - 4:00pm

### OPEN SWIM

4:00pm - 7:30pm

## SAT

### LAP SWIM ONLY

7:30am - 8:30am

**RESERVATION ONLY**

### OPEN SWIM

8:30am - 5:30pm

## SUN

### LAP SWIM ONLY

7:30am - 8:30am

**RESERVATION ONLY**

### OPEN SWIM

8:30am - 10:00am

### WATERWORKS

10:00am - 11:00am

Mary Therese

### OPEN SWIM

11:00am - 5:30pm

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Lap Swim Reservation Only time slots are available for 30-minute sessions during designated times.

Spots can be reserved at the Front Desk, the App, or by calling 845-896-5678. Pool availability is subject to Birthday Parties on the weekends, 12pm - 5:30pm and Kids Camp days, 2:30pm - 3:30pm.