

# THEMED CYCLE RIDE

Join us in the Cycle Room this month for special themed cycle rides! Every class features a fresh playlist and two classes feel the same, but each one is designed to challenge, motivate, and keep you moving.

Monday, 1/5  
6:00pm

**New Years Resolution Ride**  
with Lori

Sunday, 1/11  
8:30am

**Taylor Swift vs. Lady Gaga**  
with Lauren

Thursday, 1/15  
9:15am

**Dance Hall Ride**  
with Diana

Wed., 11/21  
6:30pm

**80's Freestyle vs. 90's Alternative**  
with Mike

Sunday, 1/25  
8:30am

**Vegas Day Club**  
with Zack

Sunday, 30  
10:15am

**Southern Classic Rock**  
with Kim

REGISTER ON THE ALL SPORT APP OR AT THE FRONT DESK.