



**ALLSPORT**  
health & fitness

# Run Club

*Spring Miles Start Here*

This April, lace up and join the All Sport Run Club — a fun, supportive running community designed for every level of runner, from first-mile beginners to seasoned racers, to HYROX Athletes. Whether you're looking to build endurance, train for a race, or simply enjoy the fresh Hudson Valley spring air, this club is all about moving together, pushing your limits, and having fun doing it.

## UPCOMING RUNS

April 4, 7:15 AM

April 8, 8:00 AM

April 18, 7:15 AM

April 21, 6:00 PM

April 30, 6:00 PM

### LOCATION:

**SARAH TAYLOR PARK**

7 OLD MAIN ST, FISHKILL, NY 12524

WE WILL MEET FIRST IN THE ALL SPORT LOBBY

**Register on the APP or  
by calling the front desk  
(845)896-5678**

\*sessions with zero enrollment the evening prior, will be cancelled.

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[allsporthealthandfitness.com](http://allsporthealthandfitness.com)



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