

THE STUDIO

at All Sport Health and Fitness

LET'S SWING WITH THE STUDIO!

LET'S SWING!

with Stine

Get ready to move, laugh, and have a great time! Let's Swing! is a fun, social swing dance class designed for all experience levels! Learn easy-to-follow steps, dance with partners or on your own, and enjoy upbeat music in a relaxed, no-pressure atmosphere. No dance experience needed—just bring your energy and get ready to swing!

JOIN US FOR A FREE CLASS ON
NOV. 7 AT 11:30AM

NOV. 14 – DEC. 12

NO CLASS 11/28

SATURDAYS

11:30AM-12:15PM

MOVEMENT ZONE

4 WEEK SESSION

\$90 MEMBERS | \$120 NON-MEMBERS

Register on the All Sport App or at the Front Desk 845-896-5678

